



Making Tracks



The official publication of the Anchorage Snowmobile Club

Season 2011-2012, Issue 3

Nov/Dec 2011



President's Notes



It looks like Mother Nature is being generous with all of the snow so far. We are getting reports of lots of snow up in the Petersville area. I know that my thumb is itching for some throttle time. Our raffle is going well. The drawing will be during December's meeting. We are going to have Tucker from the Alaska Avalanche School for our guest speaker. He has a great presentation of some basic avalanche information. I encourage all to attend. I have heard the presentation multiple times but I always come away with something new. The club offers scholarships towards snow related safety courses such as, but not limited to, avalanche, first aid, and CPR. A course can be a great gift if you are looking for something unique.

I look forward to seeing all of you out on the trails.

Pat

Pat Kuckertz
President Anchorage Snowmobile Club



**Make New Friends,
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You'll Never Ride Alone**

Anchorage Snowmobile Club
POB 232196
Anchorage, AK 99523

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(907)566-0272

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TREK OVER THE TOP 2012

REMEMBER THE SWEATER YOU BOUGHT HER LAST YEAR?
WELL, SHE SURE DOES...



THIS YEAR, BUY HER SOMETHING SHE WILL LIKE TO REMEMBER...
BRING HER ON TREK OVER THE TOP.



The Anchorage Snowmobile Club

ASC was formed as a non profit corporation in 1991 to support Anchorage snowmobilers interested in having more places to ride and better snowmobile access. ASC promotes the sport of snowmobiling with the primary objectives being family recreation and pleasure. ASC works for fair and equitable access regulations, the development of trails and related issues, and "Safety First" including "Zero Tolerance" in all winter sports.



Officers and Board of Directors

The ASC Board of Directors is composed of 17 positions, four officers and 13 board members. The Board is generally responsible for making decisions regarding funding of the club, access issues, club rides and events, and sharing additional club duties as required.

President: Pat Kuckertz

Vice President: Erik Burney

Recorder: Mike Jacquot

Treasurer: Nancy Grieco

Board: Robert Homer, Mike Jacquot, Gloria Scarbrough, Ed Morrison, Gary Brown, Jack Grieco, Mike McMillan, Tim Cook, Rich Zitzow & Leon Sutton

Making Tracks

Making tracks is the official publication of the Anchorage Snowmobile Club (ASC) and is published September thru April, eight issues. ASC offers its business and individual members the opportunity to advertise in making tracks. A business card ad, usually an *image* of your business card, is \$35 for the season, a half page ad is \$35 per newsletter and a full page ad is \$70 per newsletter. If you would like to advertise in **Making Tracks**, then contact Robert Homer at Newsletter@AnchorageSnowmobileClub.com or

Info @anchoragesnowmobileclub.com

Anchorage Snowmobile Club

P.O. Box 232196

Anchorage, AK 99523-2196

ASC Hotline 566-0272

Hang in there Randy!

By Robert Homer, ASC Newsletter Editor and Board Member

Trails...ah yes the groomed trail the gateway to that back country sled adventure, the pathway to miles of open spaces an untouched snow...and.... Uh oh...wait...

HELP! Trails need HELP! Groomed trails provide both a pleasurable riding experience and an economic pipeline for winter commerce in many areas of our state. Groomed trails help keep your fuel costs down to get to those favorite riding areas where powder is deep or your cabin awaits you next friend and family adventure.

Who does all this grooming? People do and sadly, not enough people. A small number of VERY dedicated folks work tirelessly to get things in shape. If you've moaned or groaned about a rough trail or why isn't there more grooming... ask yourself: what have you done to help? It may not be all about money either... yes it sure helps to toss a few bucks in the grooming kettle or donate to your favorite organization and by all means keep those sleds registered, but people are the backbone of the grooming effort. Trails need to be cleared and prepped early, someone has to setup trailer markers and signage, someone has to groom, and then there is maintenance. Things take a toll on equipment. In the end if there are not enough folks to go around and get involved, well at some point the grooming stops. As this number of very dedicated folks will at some point move on...who will take their place? Where are the younger folks in the sled head crowd to get out and help lend a hand?

You will see some photos of the efforts of Randy Crosby to get trails going for the season in the Petersville area the last couple of weeks. Lots of downed trees and debris and one person alone, trying to clear the way... Hmmm what's wrong with that picture?



ASC Appreciates Our Business Members

<p>NEW AAA Fence 1621 E 82nd Ave Anchorage, AK 99507 907-349-7000 www.aaafenceak.com</p>	<p>NEW Accupoint - The GPS Store 7125 Old Seward Highway Anchorage, AK 99518 522-1600 www.accupoint.com</p>	<p>Dr Gregory Grubba DDS 4200 Lake Otis Parkway Anchorage, AK 99508 562-1958 www.drgrubba.com</p>	<p>NEW Iron Dog, Inc. 7100 Old Seward Highway #C Anchorage, AK 99518 563-4414 http://irondog.org</p>
<p>Alaska Mining and Diving Supply 3222 Commercial Drive Anchorage, AK 99501 277-1741 www.akmining.com</p>	<p>Alaska Snow Cat PO Box 13355 Trapper Creek, Alaska 99683 907-733-1566</p>	<p>Luce's Lodge PO Box 1050 Willow, AK 99688</p>	<p>Mt View Car Wash 124 Taylor ST Anchorage, AK 99508 279-4819 www.mtviewcarwash.com</p>
<p>Alaska Snowmobile Salvage 1300 E. 74th AVE. Anchorage, AK 99518 349-8594</p>	<p>Alpine Creek Lodge PO Box 121 Cantwell, AK 99729 907-743-0565 www.alpinecreeklodge.com</p>	<p>McKinley View Real Estate PO Box 1107 Talkeetna, AK 99676 907-733-3300 www.mckinleyview.com</p>	<p>Marita Sea & Ski 1340 Rudakof Circle Anchorage, AK 99508 337-2744 www.alaskapowersports.com</p>
<p>NEW Amber Lake Rentals 2551 La Honda rive Anchorage, AK 99517 907-227-7030 www.homeaway.com/vacation-rental/p272069#rates-bar</p>	<p>Anchorage Suzuki Arctic Cat 3054 Commercial Dr Anchorage, AK 99501 272-2412 www.anchoragesuzukiarticcat.com</p>	<p>Your Business Link could go here Join Today</p>	<p>NEW S and P Certified Car Care 12711 Old Glenn Hwy Eagle River, AK 99577 696-6951 www.spcertifiedcarcare.com</p>
<p>Bentalit Lodge PO Box 52 Skwentna, AK 99667 907-733-2716 www.bentalitlodge.com</p>	<p>Your Business Link could go here Join Today</p>	<p>NEW Signco 2480-A Commercial Drive Anchorage, AK 99501 338-7446 www.signcoalaska.com</p>	<p>Sheep Mountain Lodge 17701 West Glenn Highway Sutton, AK 99674 877-945-5121 www.sheepmountain.com</p>
<p>Cantwell Lodge PO Box 87 Cantwell, AK 99729 907-733-2716 www.cantwelllodgeak.com</p>	<p>Coca Cola of Alaska 128 W 1st Ave Anchorage, AK 99501 272-8511 www.thecocacolacompany.com</p>	<p>NEW Spruce Moose Chalets 2708 West 65th Ave Anchorage, AK 99502 907-677-7543 www.sprucemoosealaska.com</p>	<p>Susitna River Lodge PO Box 786 Talkeetna, AK 99676 907-733-0505 www.susitna-river-lodging.com</p>
<p>Denali Federal Credit Union 3400 LaTouche Anchorage, AK 99508 257-7200 www.denalifcu.org</p>	<p>Deshka Landing Outdoors Assoc. PO Box 155 Willow, AK 99688 907-495-3374 www.deshkalanding.com</p>	<p>Team CC Inc. 13140 Iris Way Eagle River AK 99577 694-3200 www.teamcc.com</p>	<p>NEW Tonsina River Lodge Mile 79 Richardson Highway Copper Center, AK 99573 907-822-3000 www.tonsinariverlodge.com</p>
<p>Glacier City Snowmobile Tours PO Box 1018 Girdwood, AK 99587 907-783-5566 www.snowtours.net</p>	<p>Go Pro 230 E. Potter Drive Anchorage, AK 99518 563-1799 www.goproalaska.com</p>	<p>NEW Trapper Creek Inn and RV Park PO Box 13209 Trapper Creek, AK 907-733-2302 www.trappercrkinn.com</p>	<p>NEW Trek Over The Top Box 389 Dawson City, Yukon 867-993-5575 www.trekoverthetop.com</p>
<p>Your Business Link could go here Join Today</p>	<p>Your Business Link could go here Join Today</p>	<p>Ron Webb Paving & Snow Removal, Inc PO Box 230228 Anchorage, AK 99523 349-3724 www.ronwebbpaving.com</p>	<p>White Spruce Trailers 7201 Brayton Dr Anchorage, AK 99507 562-6905 www.whitespruce.com</p>



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Business Member Spotlight



SKIDOO/BRP Inc and AMDS!

ASC was the recipient of \$1,500 from the Ski-Doo Million Dollar club support program. Thanks to new and existing ASC members and the great work put forth by AMDS and ASC board members to achieve this feat two years in a row and obtain an award from BRP to support snowmobiling and club programs. But that's not all... ASC had the highest percentage of respondents in the western region and that means we get a brand new Ski-Doo snowmobile!

You want to know more about how this sled might become yours?
Come to a membership meeting to learn more...

WAY TO GO ASC MEMBERS!
Thanks to the great folks at AMDS and BRP for there support !

Interested in your business being listed here???
Contact any board member or e-mail the newsletter manager at
Newsletter@AnchorageSnowmobileClub.com



The Ride Leader...



Send in your stories from the trail, pictures (those help with fact or fiction) and we will share those here! You can e-mail us at Newsletter@AnchorageSnowmobileClub.com

SLED FITNESS TIP

[Courtesy of Next Level Riding Clinics](#)

Stretch to be a better rider

You always see football, baseball, and basketball players warming-up and stretching before a game, so why should snowmachining be any different. Stretching is an important component of fitness and everyday life, but it is often neglected. Stretching is one of the most under-utilized techniques for improving athletic performance and injury prevention. For example a major cause of lower back pain can be due to poor flexibility of the low back and hamstrings (back of upper leg). A pulled hamstring is very painful and is a very common snowmobiling injury. Stretching is also a great preventive measure for arm pump. Don't make the mistake of thinking that something as simple as stretching won't be effective. Here are just some of the stretching and flexibility benefits:

- Improve and maintain your range of motion, which improves balance on the sled
- Increased physical efficiency and performance
- Increased balance and coordination
- Decreases risk of low back pain
- Reduces muscle tension and soreness
- Decreased risk of injury
- Improves circulation and concentration
- Relieves chronic pain

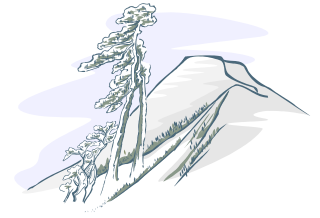
Another benefit of stretching is that it can be done anywhere, you don't need a gym to do it. A light warm up should be done prior to stretching. Stretching is not warming up. Warm-up, can be achieved by doing some light aerobic activity. This can be as simple as walking, doing jumping jacks or running in place. When doing stretches do not bounce, find the point at which you feel the stretch and then hold it. Twenty to thirty seconds is a good general length to hold stretches. Your stretch point is the point at which you feel the stretch is working but not to the point of feeling pain. The old saying, "No pain, no gain," does not apply to stretching.

[GET MORE RIDING TIPS AND SKILL INFO AT NEXTLEVELCLINICS.COM](http://NEXTLEVELCLINICS.COM)

GET OUT AND RIDE !!!



Ride Schedule



Ride info for the 2011-2012 season.
Always check the ASC hotline or web page and facebook for up to date info.

Date	Skill	Event/Ride	Time	Ride Leader	Comments
Dec					
14		ASC Board Meeting	7:00 PM	ASC Staff	Click here for more info
17	Adv	Intro to Deep Powder Riding	10 AM	Tim Cook	Click here for more info
17	Fam	Rider Skills Postpone until Later Date	10 AM	Pat Kuckertz	Click here for more info
17	Int	Chulitna Bluff	10 AM	Michelle LaRose	Click here for more info
21		General Membership Meeting	7:00 PM		IBEW Hall 3333 Denali St
24					
31-2	Fam	Alpine Creek Lodge	Over Night Ride	Claude Bondy	Click here for more info
Jan					
7					
11		ASC Board Meeting	7:00 PM	ASC Staff	Click here for more info
14					
18		General Membership Meeting	7:00 PM		IBEW Hall 3333 Denali St
21	Fam	South Denali	10 AM	Jack Grieco	Click here for more info
27-30	Adv	^{NEW} Kodiak ^{NEW} Ride is Full	Over Night Ride	Bill Leider	Click here for more info
28	Int	Peters Hills	10 AM	Les and Brenda Kincaid	Click here for more info

Feb					
4	Fam	Hatcher Pass GCI Towers	10 AM	Michelle LaRose	Click here for more info
8		ASC Board Meeting	7:00 PM	ASC Staff	Click here for more info
11-12	Fam	Eureka Lodge to Lake Louise Lodge	10 AM	Jack Grieco	Click here for more info
15		General Membership Meeting	7:00 PM		IBEW Hall 3333 Denali St
18					
18-20	Fam	Bentalit Ride is Full	Over Night Ride	Kurt Julsen	Click here for more info
18-20	Adv	NEW Winter Lake NEW	Over Night Ride	Bill Leider	Click here for more info
19	Int	President Day Presidents Ride	10 AM		More Info to Follow
24-26	Fam	Bentalit Ride is Full	Over Night Ride	Kurt Julsen	Click here for more info
25	Int	Big Lake to Luce's Lodge	9:30 AM	Rich Zitzow	Click here for more info
Mar					
1-4	Fam	Susitna River Lodge	Over Night Ride	Gene and Vicki Gerken	Click here for more info
3	Int	Nelchina Glacier	10 AM	Jack Grieco	Click here for more info
3	Fam	Kanikula Glacier	10 AM	John Scudder	Click here for more info
3-5	Fam	Bentalit Ride is Full	Over Night Ride	Kurt Julsen	Click here for more info
8-11	Fam	Susitna River Lodge Ride is Full	Over Night Ride	Gary Brown	Click here for more info
9-11	Adv	NEW Winter Lake NEW	Over Night Ride	Bill Leider	Click here for more info
10					
14		ASC Board Meeting	7:00 PM	ASC Staff	Click here for more info
17					
21		General Membership Meeting	7:00 PM		IBEW Hall 3333 Denali St
24		<i>GET OUT AND RIDE!!!!</i>			
31					
Apr					
7					
11		ASC Board Meeting	7:00 PM	7:00 PM	Click here for more info

Schedule of Events

for the most current info check on-line at
www.anchoragesnowmobileclub.com
Or call the HOT LINE at (907)566-0272

OUR MAIN EVENT AT THE 21 DECEMBER MEETING



ASC

Raffle Madness

\$20 per ticket

GRAND PRIZE

**2011 SKI-DOO SUMMIT EVEREST
154 800R E-TEC**

2ND PRIZE - \$500.00 CASH!

3RD PRIZE—\$200.00 CASH!



Sled may be different than one pictured

Any and all prize taxes are the responsibility of the winner



Drawing for the prizes will take place on 21 December at the general membership meeting !

Need not be present to win

Club Meeting Highlights

General membership meetings are the 3rd Wednesday of each month during September-March.

Meetings are held at the IBEW hall—3333 Denali St in Anchorage starts at 7pm

NEXT MEETING

21 December 2011

www.anchoragesnowmobileclub.com



November Meeting Notes



Great presentation about the Iron Dog both pro and trail class. Someone won a nice Iron Dog race jacket as a door prize!

REMEMBER....

We are giving away a 2011 Ski-Doo at our next general membership meeting!

21 December 2011

IBEW

7pm start time for the meeting



Anchorage Snowmobile Club
PO Box 232196
Anchorage, AK 99523-2196
(907)566-0272

ADDRESS SERVICE REQUESTED



The Anchorage Snowmobile Club would like to thank the IBEW for allowing us the use of their facilities for our meetings during the 2010-2011 season. The IBEW has supported us with this generous donation for many years and as this season ends and a new one awaits we say,
THANK YOU IBEW!!

The Club recognizes the support of all our business members and advertisers listed on page 3. We ask that you remember them when a need arises for goods and services they provide. **PRINT THAT PAGE** and keep it handy for easy reference.